

ABSTRACT

TARIGAN, JEREMIA ANTAJORE. (2021). *Kurt Cobain's depression as reflected in his song lyrics: A Psychoanalytic Study*. Yogyakarta: English Language Education Study Program, Faculty of Teachers Training and Education, Sanata Dharma University.

This undergraduate thesis concentrates on Kurt Cobain, a musician and songwriter who played in a band called "Nirvana". Cobain has written a number of songs for Nirvana, which are popular until today. Unfortunately, Cobain suffered severe depression throughout his life as a musician. He often depicts his depressive experiences in his song lyrics.

There are two research questions in this study. The first question is what the factors that influenced Kurt Cobain's song lyrics are. The second question is what kinds of depression did Kurt Cobain reflect in his song lyrics.

This study was performed using psychoanalytic approach. In order to obtain information about Kurt Cobain's past experience, biographical approach is also applied. The researcher used a biography book of Kurt Cobain titled "Heavier Than Heaven" by Charles Cross (2002) as the primary source. Books, journals, and articles are the secondary sources.

This study could reveal the factors that influenced Kurt Cobain's song lyrics as a heavily depressed songwriter. Furthermore, the types of depression that Kurt Cobain reflected in his song lyrics could also be revealed. This study discovers that Cobain's influences to write song lyrics are from his musical and psychological experiences. It is also revealed that the types of depression reflected in Cobain's song lyrics are Medical or Substance Related Depression, Bipolar Depression, and Major Depressive Disorder.

Keywords: Depression, Psychoanalysis, Biography, Song Lyrics.

ABSTRAK

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Skripsi ini berfokus pada Kurt Cobain, seorang musisi dan penulis lagu yang pernah bergabung dalam grup musik bernama "Nirvana". Cobain telah menulis sejumlah lagu untuk Nirvana yang masih populer sampai sekarang. Sayangnya, Cobain menderita depresi berat semasa hidupnya menjadi seorang musisi. Ia sering menggambarkan pengalaman depresifnya dalam lirik lagu-lagu miliknya.

Terdapat dua pertanyaan penelitian dalam skripsi ini. Pertanyaan pertama adalah faktor apa saja yang mempengaruhi lirik lagu-lagu Kurt Cobain. Yang kedua, tipe depresi apa saja yang tercermin dalam lirik lagu-lagu Kurt Cobain.

Studi ini dilakukan dengan pendekatan psikoanalitik. Untuk mendapatkan informasi mengenai pengalaman masa lalu Kurt Cobain, pendekatan biografis juga diterapkan. Penulis menggunakan buku biografi Kurt Cobain berjudul "Heavier Than Heaven" yang ditulis oleh Charles Cross (2002) sebagai sumber utama. Sejumlah buku, jurnal, dan artikel menjadi sumber sekunder.

Studi ini mengungkap faktor-faktor yang mempengaruhi lirik lagu-lagu Kurt Cobain sebagai penulis lagu yang menderita depresi berat. Selanjutnya, macam-macam depresi yang tercermin dalam lirik lagu-lagu Kurt Cobain juga terungkap. Studi ini menemukan bahwa pengaruh Kurt Cobain dalam menulis lirik lagu adalah dari pengalaman musikal dan psikologisnya. Ditemukan juga bahwa macam-macam depresi yang tercermin dalam lirik lagu Kurt Cobain adalah depresi yang berhubungan dengan penyakit fisik dan pengaruh obat, depresi bipolar, dan depresi mayor.

Kata Kunci: *Depression, Psychoanalysis, Biography, Song Lyrics.*